Ahmedabad University

School of Arts and Sciences

PSY 350 Counselling Psychology

Mid Semester Examination 2023 (Monsoon Semester)

Total Marks = 20 **Time – 2 hours**

Date: 23 09 2023
No. of printed pages: 1

Q. 1 Write short notes on any four (20)

1. Formal versus informal helping
2. Core conditions of counselling
3. Effective goal setting
4. Immediacy
5. Resistant clients and strategies to deal with the resistance
6. Transference